

**World Indoor Championships Statistics – Men's 3000m****All time performance list at the World Indoor Championships**

Performance	Performer	Time	Name	Nat	Pos	Venue	Year
1	1	7:34.71	Haile Gebreselassie	ETH	1	Paris	1997
2	2	7:37.74	Hicham El Guerouj	MAR	1	Lisboa	2001
3	3	7:38.84	Paul Bitok	KEN	2	Paris	1997
4	4	7:38.94	Mohammed Mourhit	BEL	2	Lisboa	2001
5	5	7:39.32	Kenenisa Bekele	ETH	1	Moskva	2006
6	6	7:39.96	Alberto Garcia	ESP	3	Lisboa	2001
7	7	7:40.01	Ismail Sghir	MAR	3	Paris	1997
8		7:40.97	Haile Gebrselassie		1	Birmingham	2003
9	8	7:41.05	Gennaro Di Napoli	ITA	4	Paris	1997
10	9	7:41.14	Frank O'Mara	IRL	1	Sevilla	1991
11	10	7:41.28	Saif Saaeed Shaheen	QAT	2	Moskva	2006
12	11	7:41.87	Moses Kiptanui	KEN	5	Paris	1997
13		7:42.08	Alberto Garcia		2	Birmingham	2003
14	12	7:42.56	Luke Kipkosgei	KEN	3	Birmingham	2003
15	13	7:42.58	Eliud Kipchoge	KEN	3	Moskva	2006
16	14	7:42.70	Jesus España	ESP	4	Birmingham	2003
17	15	7:43.21	Abiyote Abate	ETH	5	Birmingham	2003
18	16	7:43.64	Hammou Boutayeb	MAR	2	Sevilla	1991
19	17	7:43.90	Rob Denmark	GBR	3	Sevilla	1991
20	18	7:44.08	John Mayock	GBR	4	Lisboa	2001
21		7:44.31	John Mayock		6	Paris	1997
22	19	7:44.34	Gert-Jan Liefers	NED	6	Birmingham	2003
23	20	7:44.54	Million Wolde	ETH	5	Lisboa	2001
24	21	7:44.76	Mogens Guldberg	DEN	4	Sevilla	1991
25	22	7:44.83	Leonard Mucheru	KEN	7	Birmingham	2003
26	23	7:45.12	John Scherer	USA	5	Sevilla	1991
27		7:45.32	John Mayock		8	Birmingham	2003
28	24	7:45.52	Bernard Lagat	KEN	6	Lisboa	2001
29	25	7:46.43	Alistair Cragg	IRL	4	Moskva	2006
30	26	7:46.79	Mark Carroll	IRL	7	Lisboa	2001
31	27	7:47.11	Shadrack Korir	KEN	5	Moskva	2006
32	28	7:47.43	Abderrahim Goumri	MAR	9	Birmingham	2003
33		7:47.50	Luke Kipkosgei		1h2	Birmingham	2003
34	29	7:47.51	Pascal Thiebaut	FRA	6	Sevilla	1991
35		7:47.57	Abiyote Abate		2h2	Budapest	2003
36	30	7:47.67	Tariku Bekele	ETH	6	Moskva	2006
37		7:47.70	Bernard Lagat		1h2	Budapest	2004
38	31	7:47.94	Said Aouita	MAR	1	Budapest	1989
39	32	7:48.01	Adil Kaouch	MAR	7	Moskva	2006
40	33	7:48.09	Craig Mottram	AUS	2h2	Budapest	2004
41		7:48.23	Tariku Bekele		1	Valencia	2008
42		7:48.25	Abiyote Abate		3h2	Budapest	2004
43	34	7:48.27	Sergio Gallardo	ESP	4h2	Budapest	2004
44	35	7:48.28	Sergiy Lebid	UKR	5h2	Budapest	2004
45		7:48.34	Craig Mottram		8	Paris	2001
46	36	7:48.38	Kevin Sullivan	CAN	6h2	Budapest	2004

47	37	7:48.44	Jose Luis Gonzalez	ESP	7	Sevilla	1991
48		7:48.62	Hammou Boutayeb		1h2	Sevilla	1991
49		7:48.66	Jose Luis Gonzalez		2	Budapest	1989
50		7:48.92	Rob Denmark		2h2	Sevilla	1991
50	38	7:48.92	Mattias Ntawulikura	RWA	8	Sevilla	1991
52		7:49.05	John Scherer		3h2	Sevilla	1991
52	39	7:49.05	Paul Kipsiele Koech	KEN	2	Valencia	2008
54	40	7:49.46	Jacinto Navarrete	COL	9	Sevilla	1991
55	41	7:49.47	Fita Bayesa	ETH	7	Paris	1997
56		7:49.55	Mogens Guldborg		4h2	Sevilla	1991
57	42	7:49.92	Mohammed Aryn	MAR	7h2	Budapest	2004
58	43	7:49.96	Abreham Cherkos	ETH	3	Valencia	2008

**Margin of Victory**

	Difference	Time	Name	Nat	Venue	Year
Max	4.13	7:34.71	Haile Gebrselassie	ETH	Paris	1997
Min	0.09	7:50.89	Gennaro Di Napoli	ITA	Barcelona	1995

**Best Marks for Places in the World Championships**

Pos	Time	Name	Nat	Venue	Year
1	7:34.71	Haile Gebreselassie	ETH	Paris	1997
2	7:38.84	Paul Bitok	KEN	Paris	1997
3	7:39.96	Alberto Garcia	ESP	Lisboa	2001
4	7:41.05	Gennaro Di Napoli	ITA	Paris	1997
5	7:41.87	Moses Kiptanui	KEN	Paris	1997
6	7:44.31	John Mayock	GBR	Paris	1997
7	7:44.83	Leonard Mucheru	KEN	Birmingham	2003
8	7:45.32	John Mayock	GBR	Birmingham	2003

**Fastest time in each round**

Round	Time	Name	Nat	Heat/Semi	Venue	Year
Final	7:34.71	Haile Gebreselassie	ETH	Final	Paris	1997
First round	7:47.50	Luke Kipkosgei	KEN	1h2	Birmingham	2003

Fastest splits/laps are indicated in **Bold**, slowest in *Italics*

	1000m	2000m	3000m
2008	2:48.58	5:25.71	7:48.23
2006	2:43.12	5:15.99	7:39.32
2004	<u>2:56.59</u>	<u>5:33.01</u>	7:56.34
2003	2:35.62	5:14.87	7:40.97
2001	2:39.62	5:12.98	7:37.74
1999	2:45.47	5:26.85	7:53.57
1997	<b>2:33.94</b>	<b>4:59.90</b>	<b>7:34.71</b>
1995			7:50.89
1993			7:50.26

1991		5:13.48	7:41.14
1989		5:24.02	7:47.94
1987	2:55.43		<u>8:03.32</u>

	1000m	2000m	3000m
2008	2:48:58	2:37:13	<b>2:22.52</b>
2006	2:43.12	2:32.87	2:23.33
2004	<u>2:56.59</u>	2:36.42	2:23.33
2003	2:35:62	2:39.25	2:26.10
2001	2:39.62	2:33.36	2:24.76
1999	2:45.47	<u>2:41.38</u>	2:26.72
1997	<b>2:33.94</b>	<b>2:25.96</b>	<u>2:34.81</u>
1995			
1993			
1991			2:27.66
1989			2:23.92
1987	2:55.43		

**Fastest Performances in March** (only indoor performances are listed)

Performance	Performer	Time	Name	Nat	Pos	Venue	DMY
1	1	7:34.71	Haile Gebrselassie	ETH	1	Paris – WIC	9 Mar 1997
2	2	7:37.74	Hicham El Guerrouj	MAR	1	Lisboa – WIC	11 Mar 2001
3	3	7:38.86	Paul Bitok	KEN	2	Paris –WIC	9 Mar 1997