

ALL-TIME PREFONTAINE CLASSIC SUB-4:00 MILE LIST

Compiled & Edited by Scott S. Davis
FAST - Federation of American Statisticians of Track
ATFS - Association of Track and Field Statisticians
At 03 July 2010

The Pre Classic Mile continues to be the greatest race in the United States. No other American meet has seen as many sub-4:00 performances. What follows is the All-Time Sub-4:00 list for the Pre Classic updated after the 2010 meet Other interesting notes and statistics are presented at the end of the list.

*Please note that the results of the International Mile from 2010 have been included. This race was not the Pre Classic or Bowerman Mile race but rather a second competition. Marks from this race have been denoted with *. At the end, also note that that the statistics have been broken out to include the results of this race but not as part of the Pre Classic or Bowerman Mile.*

— THE ALL-TIME LIST —

(231 Performances by 132 Performers - Pre Classic or Bowerman Mile)

(241 Performances by 141 Performers - Includes International Mile from 2010)

Daniel K.	Komen	(Kenya)	3:48.28	1	10 June 07
Asbel	Kiprop	(Kenya)	3:48.50	1	07 June 09
Haron	Keitany	(Kenya)	3:48.78	2	07 June 09
	Kiprop		3:49.75	1	03 July 10
Hicham	El Guerrouj	(Morocco)	3:49.92	1	27 May 01
Bernard	Lagat	(Kenya)	3:50.21	1	24 May 03
Amine	Laalou	(Morocco)	3:50.22	2	03 July 10
Shadrack	Korir	(Kenya)	3:50.49	1	08 June 08
	Lagat		3:50.56	2	10 June 07
Nick	Willis	(New Zealand)	3:50.66	2	08 June 08
Mekonnen	Gebremedhin	(Ethiopia)	3:50.68	3	03 July 10
	D.K. Komen		3:50.70	4	03 July 10
Alan	Webb	(US/Nike)	3:50.85	1	19 June 04

(10 Performers)



Daniel K. Komen set the meet record of 3:48.80 in running away from Bernard Lagat (3:50.56) in the '07 version of the Pre Mile.

	El Guerrouj		3:50.89	1	26 May 02
Alex	Kipchirchir	(Kenya)	3:50.91	1	04 June 05
Daniel	Komen	(Kenya)	3:50.95	1	31 May 98
	D.K.	Komen	3:50.95	3	08 June 08
William	Chirchir	(Kenya)	3:51.03	2	26 May 02
Rachid	Ramzi	(Bahrain)	3:51.33	2	04 June 05
	Lagat		3:51.53	3	04 June 05
	Lagat		3:51.53	1	28 May 06
	Kipchirchir		3:51.71	2	28 May 06
Andrew	Wheating	(US/Oregon)	3:51.74	5	03 July 10
Kevin	Sullivan	(Canada)	3:51.82	2	27 May 01
	Chirchir		3:51.84	1	24 June 00
Noah	Ngeny	(Kenya)	3:52.09	1	30 May 99
	Kipchirchir		3:52.10	3	10 June 07
David	Kibet	(Kenya)	3:52.28	1	26 May 96
	Ngeny		3:52.38	2	31 May 98
	Ramzi		3:52.39	3	28 May 06
	Sullivan		3:52.54	2	24 June 00
	Lagat		3:52.63	3	26 May 02
Nate	Brannen	(Canada)	3:52.63	3	07 June 09
Laban	Rotich	(Kenya)	3:52.68	1	25 May 97
		<i>(20 Performers)</i>			
	S. Korir	(Kenya)	3:52.78	4	10 June 07
Nicholas	Kemboi	(Kenya)	3:52.84	6	03 July 10
	D.K. Komen		3:52.84	4	28 May 06
Steve	Holman	(US/Reebok Enclave)	3:52.86	2	26 May 96
	Holman		3:52.89	1	04 June 95
Martin	Keino	(Kenya)	3:53.03	3	26 May 96
Elkanah	Angwenyi	(Kenya)	3:53.05	4	04 June 05
Belal	Mansour	(Bahrain)	3:53.05	4	07 June 09
	Mansour		3:53.12	4	08 June 08
	Lagat		3:53.14	3	27 May 01
Lopez	Lomong	(US/Nike)	3:53.18	7	03 July 10
Ryan	Gregson	(Australia)	3:53.19	1 [*]	03 July 10
Tom	Byers	(US/adidas)	3:53.25	1	04 June 83
Richie	Boulet	(US/New Balance)	3:53.26	3	31 May 98
Edgar	de Oliveira	(Brazil)	3:53.30	4	26 May 96
		<i>(30 Performers)</i>			
	Sullivan		3:53.34	2	24 May 03

Adil	Kaouch	(Morocco)	3:53.40	4	27 May 01
	Webb	(South Lakes HS/Va)	3:53.43	5	27 May 01
	N. Kemboi		3:53.43	5	07 June 09
	Lomong		3:53.47	6	07 June 09
	Willis	(New Zealand)	3:53.51	2	19 June 04
	Holman		3:53.63	4	31 May 98
Terrance	Herrington	(US/adidas)	3:53.64	2	04 June 95
	Sullivan		3:53.70	2	30 May 99
Mohammed	Moustaoui	(Morocco)	3:53.70	8	03 July 01
	Kipchirchir		3:53.73	3	24 May 03
Hudson	de Souza	(Brazil)	3:53.74	3	24 June 00
Elijah	Maru	(Kenya)	3:53.75	2	25 May 97
A.J.	Acosta	(US/Oregon)	3:53.76	2 [*]	03 July 10
Mark	Carroll	(Ireland)	3:53.80	4	24 June 00
Marcus	O'Sullivan	(Ireland)	3:53.81	5	26 May 96
	Angwenyi		3:53.95	5	28 May 06
	Lomong		3:53.97	5	08 June 08
Sydney	Maree	(US/Reebok)	3:54.10	1	05 June 82
Martin	Johns	(New Zealand)	3:54.10	6	26 May 96
		(40 Performers)			
Juan	Van Deventer	(South Africa)	3:54.12	3 [*]	03 July 10
Adam	Goucher	(US/Fila)	3:54.17	3	30 May 99
Ray	Flynn	(Ireland)	3:54.21	2	05 June 82
David	Lelei	(Kenya)	3:54.26	4	24 May 03
Evan	Jager	(US/Wisconsin)	3:54.35	7	07 June 09
	Lagat		3:54.36	9	03 July 10
	de Souza		3:54.39	6	27 May 01
	de Souza		3:54.39	5	24 May 03
Jason	Lunn	(US/Nike)	3:54.43	6	24 May 03
Steve	Scott	(US/Sub-4 TC)	3:54.44	1	21 July 84
Chris	Lukezic	(US/Reebok)	3:54.46	6	28 May 06
David	Torrence	(US/Nike)	3:54.47	4 [*]	03 July 10
	Angwenyi		3:54.52	3	19 June 04
Graham	Hood	(Canada)	3:54.62	7	27 May 01
		(50 Performers)			
Jon	Rankin	(US/Nike)	3:54.68	6	08 June 08
William	Tanui	(Kenya)	3:54.76	4	30 May 99
Mike	Boit	(Kenya)	3:54.77	2	04 June 83
	S. Korir		3:54.77	8	07 June 09

Henock	Legesse	(Ethiopia)	3:54.81	9	07 June 09
Karl	Paranya	(US/Asics)	3:54.83	5	30 May 99
Seneca	Lassiter	(US/Nike)	3:54.85	5	24 June 00
Rob	Myers	(US/Reebok)	3:54.87	5	04 June 05
	Keino		3:54.93	6	30 May 99
Matt	Holthaus	(US/Reebok Enclave)	3:54.96	7	30 May 99
Bryan	Berryhill	(US/Colorado St)	3:55.01	8	27 May 01
	Hood		3:55.07	7	26 May 96
Youssef	Baba	(Morocco)	3:55.10	9	27 May 01
		<i>(60 Performers)</i>			
Raymond	Yator	(Kenya)	3:55.12	10	27 May 01
	Holman		3:55.13	8	30 May 99
Jason	Pyrah	(US/Mizuno)	3:55.14	8	26 May 96
Joshpat	Kithii	(Kenya)	3:55.16	5 [*]	03 July 10
		<i>[100 Performances]</i>			
	Kibet		3:55.20	3	04 June 95
	Tanui		3:55.22	3	25 May 97
Vénuste	Niyongabo	(Burundi)	3:55.24	5	31 May 98
Todd	Harbour	(US/SMTC)	3:55.26	3	05 June 82
	Lassiter		3:55.30	4	26 May 02
Christian	Cushing-murray	(US/SMTC)	3:55.42	4	04 June 95
	Pyrah		3:55.47	5	04 June 95
	Webb		3:55.47	7	08 June 08
Ibrahim	Aden	(US/Nike)	3:55.53	5	26 May 02
Matt	Giusto	(US/Foot Locker)	3:55.58	9	26 May 96
	de Souza		3:55.63	6	31 May 98
Benjamin	Kipkurui	(Kenya)	3:55.64	6	26 May 02
	Pyrah		3:55.74	6	24 June 00
Greg	Whiteley	(US/Asics)	3:55.80	6	04 June 95
		<i>(70 Performers)</i>			
	Giusto		3:55.83	7	04 June 95
	O'Sullivan		3:55.86	4	25 May 97
	Rotich		3:55.93	7	24 May 03
	Keino		3:55.98	7	31 May 98
Peter	van der Westhuisen	(South Africa)	3:55.98	6 [*]	03 July 10
	Webb		3:55.99	10	07 June 09
	Maree		3:56.04	3	04 June 83
David	Strang	(Great Britain)	3:56.05	8	04 June 95
Stephen	Pifer	(US/Oregon TC)	3:56.12	7 [*]	03 July 10

	Aden		3:56.13	8	31 May 98
Bob	Kennedy	(US/Nike Indiana)	3:56.21	1	04 June 94
	Sullivan		3:56.21	5	10 June 07
	Keino		3:56.23	5	25 May 97
Youcef	Abdi	(Australia)	3:56.23	8	24 May 03
Gordon	Johnson	(US/Brooks RT)	3:56.24	9	04 June 95
William	Kemei	(Kenya)	3:56.25	10	04 June 95
	van der Westhuisen		3:56.26	11	07 June 09
	Berryhill		3:56.30	7	26 May 02
	Johns		3:56.32	9	31 May 98
	Pyrah		3:56.33	6	25 May 97
Joaquim	Cruz	(Brazil)	3:56.36	1	06 June 87
Richie	Harris	(US/Athletics West)	3:56.40	4	05 June 82
	Sullivan		3:56.41	6	04 June 05
David	Krummenacker	(US/adidas)	3:56.45	8	26 May 02
		<i>(80 Performers)</i>			
Cornelius	Chirchir	(Kenya)	3:56.36	7	28 May 06
Balázs	Tölgyesi	(Hungary)	3:56.57	7	25 May 97
Chuck	Aragon	(US/Athletics West)	3:56.59	4	04 June 83
	Herrington		3:56.59	8	25 May 97
	Aragon		3:56.62	2	06 June 87
Will	Leer	(US/Oregon TC Elite)	3:56.63	12	07 June 09
	Kennedy		3:56.71	1	05 June 93
	Goucher		3:56.76	9	26 May 02
	Paranya		3:56.77	10	31 May 98
Bill	Burke	(US/New York AC)	3:56.83	2	05 June 93
	Strang		3:56.86	3	05 June 93
	Keino		3:56.87	11	27 May 01
	Ri. Harris		3:56.92	2	21 July 84
Charlie	Gruber	(US/Nike)	3:56.92	7	04 June 05
Russell	Brown	(US/Oregon TC)	3:56.92	8 [*]	03 July 10
	Cruz		3:56.9	1	02 July 88
	Keitany		3:57.07	10	03 July 10
Dub	Myers	(US/New York AC)	3:57.11	3	06 June 87
	Pyrah		3:57.12	11	31 May 98
Gawain	Guy	(US/H&R TC)	3:57.18	4	06 June 87
Phil	Kane	(US/Athletics West)	3:57.19	5	05 June 82
		<i>(90 Performers)</i>			
Eliud	Kipchoge	(Kenya)	3:57.19	6	10 June 07

Scott	McGowan	(US/New Balance)	3:57.21	8	04 June 05
Belal	Mansour Ali	(Bahrain)	3:57.22	9 [*]	03 July 10
	Goucher		3:57.23	9	04 June 05
Jeff	Atkinson	(US/Stanford TC)	3:57.2	2	02 July 88
Alan	Klassen	(Canada)	3:57.31	4	05 June 93
David	Wittman	(US/Nike Texas)	3:57.31	11	04 June 95
	de Oliveira		3:57.35	2	04 June 94
Maurice	Smith	(US/Reebok)	3:57.36	1	01 June 90
	Holman		3:57.37	9	25 May 97
Carlton	Jones	(US/Club NW)	3:57.43	3	04 June 94
	Kipchirchir		3:57.43	8	08 June 08
Shannon	Lemora	(US/Nike Oregon)	3:57.47	4	04 June 94
Matt	Lane	(US/Nike)	3:57.57	10	26 May 02
		<i>(100 Performers)</i>			
Kevin	Ryan	(US/Athletics West)	3:57.60	5	04 June 83
	Aragon		3:57.71	6	05 June 82
	Hood		3:57.71	10	25 May 97
Galen	Rupp	(US/Nike)	3:57.72	10 [*]	03 July 10
Steve	Agar	(Dominica)	3:57.77	11	25 May 97
Doug	Consiglio	(Canada)	3:57.7	3	02 July 88
Leonard	Mucheru	(Kenya)	3:57.90	11	26 May 02
Daniel	Zegeye	(Ethiopia)	3:57.92	12	27 May 01
	Scott		3:57.9	1	14 June 77
Rick	Musgrave	(US/Colorado TC)	3:58.00	7	05 June 82
Marty	Liquori	(US/Florida AA)	3:58.0	2	14 June 77
Rob	Myers		3:58.01	7	10 June 07
Ronnie	Harris	(US/Sallie Mae TC)	3:58.03	5	05 June 93
Michael	Power	(Australia)	3:58.03	12	04 June 95
		<i>(110 Performers)</i>			
	Wittman		3:58.05	5	04 June 94
	Lemora		3:58.12	13	04 June 95
	N. Kemboi		3:58.12	8	10 June 07
	Boit		3:58.13	5	06 June 87
	deSouza		3:58.15	9	30 May 99
	Leer		3:58.16	9	08 June 08
Bob	Lesko	(US/Sallie Mae TC)	3:58.23	6	05 June 93
Dan	Aldridge	(US/Athletics West)	3:58.24	8	05 June 82
Benny	McIntosh	(US/Asics)	3:58.25	6	04 June 94
	D. Myers	(US/AIA)	3:58.2	4	02 July 88

Sammy	Langat	(Kenya)	3:58.35	10	30 May 99
	Sullivan		3:58.35	4	19 June 04
Mo	Farah	(Great Britain)	3:58.36	8	28 May 06
	[200 Performances]				
Joe	Fabris	(US/Aggie RC)	3:58.3	9	05 June 82
Said	Ahmed	(US/Nike)	3:58.46	9	10 June 07
Andy	Clifford	(US/AIA)	3:58.4	10	05 June 82
Mike	Hillardt	(Australia)	3:58.60	3	21 July 84
Paul	McMullen	(US/Coast Guard)	3:58.60	5	19 June 04
	<i>(120 Performers)</i>				
Julius	Achon	(Uganda)	3:58.66	6	19 June 04
Leonel	Manzano	(US/Nike)	3:58.68	13	07 June 09
	Lemora		3:58.70	10	26 May 96
	Flynn		3:58.72	6	06 June 87
	Holman		3:58.73	7	04 June 94
	Keino		3:58.73	8	04 June 94
	Rankin	(US/Nike)	3:58.76	9	28 May 06
	Ngeny		3:58.79	9	24 May 03
Peter	Spir	(Canada)	3:58.7	3	14 June 77
Jim	Spivey	(US/Athletics West)	3:58.80	1	07 June 86
Brendan	Mathias	(Canada)	3:58.83	2	01 June 90
Dan	Maas	(US/Reebok)	3:58.83	7	05 June 93
	Webb		3:58.84	10	24 May 03
Roger	Jones	(US/Puma)	3:58.93	6	04 June 83
	Boit		3:59.05	4	21 July 84
Ernie	Freer	(US/Goldwin)	3:59.08	8	05 June 93
	Boit		3:59.0	11	05 June 82
	Cushing-murray		3:59.14	9	05 June 93
Chris	Katon	(US/adidas)	3:59.19	9	04 June 94
Bruce	Stirling	(US/Reebok)	3:59.1	5	02 July 88
	<i>(130 Performers)</i>				
John	Kosgei	(Kenya)	3:59.29	7	24 June 00
Jon	Warren	(US/Nike Texas)	3:59.30	10	04 June 94
	Aragon		3:59.38	2	07 June 86
Ed	Arriola	(US/Arizona)	3:59.3	4	14 June 77
	Aden		3:59.49	11	24 May 03
John	Quade	(US/Nike North)	3:59.52	3	01 June 90
	Whiteley		3:59.57	11	04 June 94
Mark	Fountain	(Australia)	3:59.64	12	24 May 04

Mike	Stahr	(US/New York Pioneers)	3:59.73	3	07 June 86
Jim	Howarth	(US/Nike)	3:59.75	12	04 June 94
Steve	Slattery	(US/Nike)	3:59.78	7	19 June 04
	Aragon		3:59.7	6	02 July 88
	Consiglio		3:59.80	1	21 June 91
Paul	Korir	(Kenya)	3:59.86	10	04 June 05
Aaron	Lanzel	(US/unattached)	3:59.88	8	19 June 04
		(140 Performers)			
Gabe	Jennings	(US/Stanford)	3:59.91	8	24 June 00

In '75 (the inaugural race), '79 & '89, a sub-4:00 was not achieved. The winners of those races:

Lars-Martin	Kaupang	(Norway)	4:01.4	1	07 June 75
Phil	Kane	(US/Athletics West)	4:03.1	1	02 June 79
Tim	Hacker	(US/Athletics West)	4:02.12	1	03 June 89

In '76, '78, '80, '81, '85 & '92, the mile was not contested, but rather the 1500 meters. The winners of those races:

Mark	Feig	(US/Oregon TC)	3:38.1	1	05 June 76
Bob	Maplestone	(Great Britain)	3:43.4	1	31 May 78
Rudy	Chapa	(US/Oregon TC)	3:40.82	1	06 June 80
Tom	Byers	(US/Athletics West)	3:36.35	1	06 June 81
Joaquim	Cruz	(Brazil)	3:35.70	1	01 June 85
Joe	Falcon	(US/FootLocker)	3:36.3	1	06 June 92

on the final page—statistical notes of interest

