

The Fastest Miles In High School-Only Competition

compiled by Jack Shepard

And then there were 5! High schoolers who have broken 4:00 in the mile that is. By normal counting, the number grew by 1 in June of 11 when prep legends Jim Ryun, Tim Danielson, Marty Liquori & Alan Webb—who combined to do it 9 times—were joined by Lukas Verzbicas. But only 2 of those marks didn't come without the help of older competition.

If you want to talk about high schoolers competing against high schoolers, the feat has still been turned only twice, by Ryun and Verzbicas.

The all-time list of prep-only milers through June 15, 2011:

3:58.3 Jim Ryun (East, Wichita, Kansas)..... State..... 5/15/65
3:59.71 Lukas Verzbicas' (Sandburg, Orland Park, Illinois) .. Dream6/11/11
4:01.69+ ... German Fernandez (Riverbank, California)..... State..... 5/31/08
4:01.81 Alan Webb (South Lakes, Reston, Virginia)..... Arcadia 4/14/01
4:01.83 Austin Mudd (Center Grove, Greenwood, Ind) Dream6/11/11
4:02.01 Sharif Karie (West, Springfield, Virginia)..... National Scholastic. 6/14/97
4:02.08 Elias Gedyon (Loyola, Los Angeles, California) .. Dream 6/11/11
4:02.0 Ryun..... Invitational..... 4/23/65
4:02.23+ ... Jantzen Oshier (Trabuco Hills, Mission Viejo, Ca)....State 6/04/11
4:02.4 Richard Kimball (DLS, Concord, California) Section..... 5/25/74

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4:02.6 Kimball..... San José Inv..... 5/04/74
4:02.90 Mac Fleet (University City, San Diego, California) .. Portland Festival.. 6/13/09
4:02.99+ ... Steve Magness (Klein Oak, Houston, Texas) District4/11/03
4:03.27 Gabe Jennings (East, Madison, Wisconsin) National Scholastic. 6/14/97
4:03.29 Edward Cheserek' (St Benedict's, Newark, NJ) ... Dream6/11/11
4:03.33 Webb..... Invitational..... 5/20/00
..... Sam Borchers (Yellow Springs, Ohio) NON..... 6/16/07
4:03.49 Robby Andrews (Manalapan, New Jersey)..... Portland Festival.. 6/13/09
4:03.85 John Zishka (Lancaster, Ohio) Golden West..... 6/14/80
4:03.87 Sam Vazquez (Flagler-Palm Coast, Bunnell, Fla).. AOC..... 6/14/03

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4:04.03+ ... Ryan Hall (Big Bear City, California)..... State..... 6/02/01
4:04.25 Jason Pyrah (Willard, Missouri) Golden West..... 6/13/87
4:04.2 *Curtis Beck (Santa Monica, California) Vons Classic 6/09/72

** 23 performances by 19 performers **

+ = 1600-meter time multiplied by 1.0058 (converted 1500s are not considered here);

* = junior; AOC = adidas Outdoor Classic; NON = Nike Outdoor Nationals